

ATTENTION LPCs and LLPCs

YOU ARE INVITED TO PARTICIPATE IN A RESEARCH STUDY ON 'OCCUPATIONAL BURNOUT'

The purpose of this study is to investigate the integrated treatment of cognitive behavioral therapy and music relaxation in reducing burnout among licensed professional counselors and limited licensed professional counselors.

MINIMUM CRITERIA FOR *CONSIDERATION:

- HAVE A VALID AND CURRENT LPC **OR** LLPC LICENSE ISSUED BY THE STATE OF MICHIGAN
- HAVE A MINIMUM OF 1-YEAR OF COUNSELING EXPERIENCE
- RESIDE IN MACOMB, OAKLAND, OR WAYNE COUNTIES
- NO CURRENT DIAGNOSIS OF DEPRESSION OR OTHER MENTAL HEALTH DISORDERS

**PARTICIPANTS WHO COMPLETE THE STUDY
WILL BE ENTERED INTO A DRAWING FOR A
GIFT CARD VALUED UP TO \$100.**

**IF YOU ARE INTERESTED IN POSSIBLE PARTICIPATION AND
YOU MEET THE MINIMUM CRITERIA, CONTACT:**

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CAPELLA UNIVERSITY, DR. ELENI PINNOW, MENTOR

***Consideration means potential participant meets the minimum criteria. Final determination will be based on final review of an interview/questionnaire.**